Friday Night at the Movies

Come join us for a Movie

Bring your own floatation devices or use our limited supply.

Practice card & passes not accepted for this event.

Cost: \$5.00 per person 7-9 pm

September 15th

Spirit

September 29th Nanny McPhee

October 13th The Incredibile Mr. Limpet

October 27th The Ghost & Mr. Chicken

November 17th Yours, Mine & Ours

December 8th

Elf



Department of Natural Resources and Parks

Renton Pool

16740 -128 Ave SE

Renton, WA 98058-5531

Phone: 206-296-4335 www.metrokc.gov/parks/pools/pools1.htm

RENTON POOL



September 5th-December 31, 2006

Thanksgiving Holiday Closure: November 23rd-26th



Christmas Holiday Closures:

December 23rd-25th

New Years Holiday

December 30 thru January 1, 2007



Department of Natural Resources and Parks

Swim Lesson Information

We are proud to offer the American Red Cross Learn To Swim Program at the Renton Pool. The Red Cross is the national leader in aquatics training. Many of our instructors learned to swim at this pool themselves and have gone through our instructor aide program prior to becoming staff members. You can trust the 90-year history of the American Red Cross and the commitment to excellence of King County Parks employees.



Mornings 9:30-11:30 am

Afternoons 1:00-2:00 pm

Evenings, 5:00-7:00 pm

Mon/Wed	Tues/Thurs
Sept. 11—Oct. 11	Sept. 12-Oct. 12
Oct. 16-Nov. 15	*Oct. 17—Nov. 16
Nov. 20-Dec. 20	**Nov. 21-Dec. 21

^{*}No classes on evening October 31st

Private Lessons:

Need extra help on a specific skill or more individual attention? Ask about our private and semi private lessons.

Private (1/2 Hr)	<u>Semi Pvt. (1/2 Hr)</u>
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\$25.00 \$40.00

Water Exercise

Water Exercise.



Water Exercise. One hour shallow and deep water exercise classes are offered on a drop-in basis for people age 15 and above. No swimming ability is neces-

Shallow Water: The low impact aerobic workout is designed to increase strength, flexibility and energy.

Deep Water: Deep water exercise participants will wear a buoyancy belt and use other floatation equipment. The workout is offered in a zero impact environment and focuses on developing balance, endurance and flexibility while progressively increasing cardiovascular fitness.

Water Exercise Instruction

	<u>1 hour</u>
Adult	\$6.25
Senior	\$4.75
Adult Card	\$61.50
Senior Card	\$42.00

Pool Passes

Save money while you swim! Check with a staff member to determine how much you can save. Passes make great gifts and are good at all King County Parks Swimming Pools!

	3 Months	<u>1 Year</u>
Youth (1year-17Years)	\$107.25+tax	\$312.00+tax
Adult	\$156.75+tax	\$456.00+tax
Senior (62+)	\$107.50+tax	\$273.00+tax
Disabled	\$ 82.50 +tax	\$260.00+tax
Family	\$275.00+tax	\$624.00+tax

^{* *9} Classes due to Thanksgiving Holiday

Fall 2006

**Movie Night 2nd & Last Friday of the Month

Hours	<u>Monday</u>	Tuesday	Wednesday	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
6-7:30 am	6-7:30 am Lap Swim - \$5.00 Adult/\$3.50 Senior					
7:30-8:30 am			Pool Maintenance			
8:30-9:30 am	Shallow Water Exercise	Deep Water Exercise	Shallow Water Exercise	Deep Water Exercise	Deep Water Exercise	
9:30-11:30 am	Lessons M/W	Lessons T/TH	Lessons M/W	Lessons T/TH	9:30-10:30 Private Lesson 10:30-11:30 School Rental	12-1 pm *Family Swim \$3.25
Lap Swim 11:30-1:00pm \$5.00 Adult/\$3.50 Senior *Family Swim 12-1pm \$3.25 (*Shallow End Only)		12–1 pm Lap Swim \$5.00/\$3.50				
1 – 2 pm	Lessons M/W	Lessons T/TH	Lessons M/W	Lessons T/TH	Private Lessons	1-3 pm Public Swim \$4.25
2:15-4:45 pm High School Swim Teams		2-3pm Public Swim \$3.00				
4:45-6:45 pm	-6:45 pm Chinook Aquatic Club					
5—7 pm	Lessons M/W	Lessons T/TH & Deep Water Exercise 6-7pm	Lessons M/W	Lessons T/TH & Deep Water Exercise 6-7pm	6-7 pm *Family Swim \$3.25	Rentals Available 3-8 pm
7—8 pm	Public Swim \$3.00	Public Swim \$3.25	Public Swim \$3.25	Public Swim \$3.00	Public Swim \$3.25 **7-9 pm	5 5 pm
8—9 pm	Lap Swim & Water Aerobics	Lap Swim & Adult Lessons	Lap Swim & Water Aerobics	Lap Swim & Adult Lessons	Rentals Available	
*Shallow Er	nd Only					

Swimming Pool Fees

General Admission Fees (Per hour)

Public and Family Swim

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Adult\$3.25
Senior\$3.25

Person with Disability.....\$2.50

Youth.....\$3.25

Adult/Lap Swim

Youth	.\$4.75
Adult	\$5.00
Senior	.\$3.50
Person with Disability	\$3.50
Promotional Swim	\$3.00
Shower Only	\$3.25

Swimming Accessories

Swimming Accessories		
Goggles\$6.00		
Caps\$3.00		
Reusable Swim Diaper\$10.00		
Disposable Swim Diaper\$1.00		
Nose plugs\$5.00		
Shampoo 8oz\$7.00		
16oz\$12.00		
Conditioner 8oz\$7.00		
16oz\$12.00		
Sample size shampoo/conditioner\$1.00		

Pool Rentals

Pool Rentals are great for family reunions, birthday parties, church groups, and scout groups. Groups receive exclusive use of the pool, with lifeguards. Rentals are available Saturdays, beginning at 3 pm and Sundays, begin**ning at 1pm** for hourly group or private parties. If you are the first person to rent the pool on Sunday it is a 2 hour minimum. We can customize your party to make it an unforgettable occasion. Along with the exclusive use of the pool, you can choose the extras you desire, such as a private party room, Small toy, or the party packages. Party pricing is dependant on the options your choose to make this a memorable day. Call 206-296-4335 to plan your party and waves of fun for everyone!

Pool Rental Fees:

Size of Group	Fee Per Hour
1-25	\$100.00
26-60	\$130.00
61-90	\$160.00
91-120	\$200.00
121 +	\$250.00
If Available—	
Small Aquatic Toy	\$24.00
Large Aquatic Toy	\$40.00
Party Room	\$47.00
Party Packages	\$45.00
(Includes 10 party bags)	
Additional Party Bags	\$6.00 ea